

**FORWARDED ON BEHALF OF
THE PANDEMIC WORKING GROUP**

To: All VPD Employees - Civilian and Sworn

COVID-19 Update: April 7, 2021 – Gym Facility Requirements

On March 31, 2021, the Provincial Health Officer and BC Centre for Disease Control amended the *Indoor Individual Exercise Requirements*. As a result, the following changes and key points take place effective immediately:

- All gym sessions must be logged through our online sign-up system – no drop-ins, no exceptions;
- **Masks must be worn at all times inside the gym facilities, including while exercising** – exception for actively consuming liquid; (mask must cover mouth and nose)
- Participants must remain 2.5 meters apart at all times while exercising (2 meters when not exercising);
- All shared equipment must be cleaned and disinfected between each use;
- Participants must not enter prior to their scheduled time and must leave on time according to their selected time slot;
- Participants must conduct a self-assessment prior to entering the facility;

The entire document can be located at the following link:

<https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/indoor-exercise-requirements.pdf>



VANCOUVER POLICE
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