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Sent: July 31, 2020 7:26 PM

To: VPD All Civilian Staff - DL <CivilianStaff@vpd.ca>; VPD All Sworn Staff - DL <SwornStaff@vpd.ca>

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Subject: Positive COVID-19 Test

SENT ON BEHALF OF VPD HUMAN RESOURCES AND THE PANDEMIC WORKING GROUP:

Today, the VPD received confirmation that a staff member tested positive for COVID-19. The member is doing well, recovering at home, and receiving guidance and support from VPD including Human Resources, CISM, and the Pandemic Working Group.

While on weekly leave, an odd-side patrol member began to experience COVID symptoms, and took the initiative to be tested. Upon learning of the positive test, the patrol member immediately contacted their supervisor, who in turn contacted the PWG.

Our medical experts have been engaged, and the VPD's exposure protocols have been enacted. The Department is in the process of reaching out to those whom the member had physical contact with prior to developing symptoms, and providing medical advice and support. Affected staff members who were in close contact with this member are self-isolating at home.

VPD Human Resources and the Pandemic Working Group consults medical experts on an ongoing basis to provide all staff with the latest guidelines on how to address positive exposures to COVID-19, including confirmed cases. This guidance has been key in supporting the VPD's ongoing response to COVID-19.

If you or your immediate family members have questions about your health and do not have access to a family doctor, you are encouraged to contact HealthLink BC by dialing 8-1-1 for health information.

Please remember to continue to take the necessary safety precautions to protect yourself, including:

- Wash your hands often with soap and hot water or use alcohol-based sanitizer. Hand washing is the single, most effective way of reducing the spread of infection.
- Practice good hygiene habits: do not touch your face, eyes, or mouth with your hands, and cover your mouth and nose when you sneeze or cough (ideally with a disposable tissue or the crease of your elbow).
- Practice social distancing and avoid large crowds.
- Clean and disinfect workspace surfaces and items.
- Avoid the use of, or take precaution in, accessing shared personal spaces and objects (kitchens, common areas, dining areas, desks, shared sleeping spaces, doorknobs, and faucets).
- Maintain good general health through a balanced diet, adequate sleep, and moderate exercise.
- Be informed of organizational updates about COVID-19.
- **Stay home if you are sick.**

This news may be stressful to you or your family. We are working to support your health and wellbeing during the pandemic. If you feel anxious or stressed, please reach out the Critical Incident Stress Management Team (CISM)/Peer Support.

Sworn members can reach out to Ali Gailus (778-847-5452), Michele McKnight (778-227-0789), Dave Moe (604-404-9303), or any other team member.

Civilian members can reach out to Amanda Vetter (604-349-5713) or any other Civilian CISM team member.

Respectfully,

Chris

Chris Berda
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